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RUHANI SATSANG —  
DIVINE SCIENCE OF THE SOUL

Dedicated in Memory of  
His Holiness Sant Kirpal Singh Ji Maharaj  
Founder and President

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A GIFT FROM SANT KIRPAL SINGH JI MAHARAJ

SEPTEMBER 1975

SOME OF MASTER'S LETTERS



# RUHANI SATSANG

SAWAN ASHRAM,  
GUR MANDI, DELHI-7  
(INDIA)

Ref. No. \_\_\_\_\_

Dated July 3, 1969.

## MESSAGE ON BIRTH ANNIVERSARY OF HAZUR MAHARAJ BABA SAWAN SINGH JI: 1969

On this auspicious Birthday Anniversary of my Master, I congratulate you all, who have been put on the Way back to God and have been given a demonstration of rising above body-consciousness, by which you have come to know that you are not the bodies, but souls - ~~individual~~ embodied souls. Also, your single eye has been opened to see the Light of God and your inner ear has been opened to hear the Music of the Spheres - the Voice of God. "For verily I say unto you, that many prophets and righteous men desired to see those things which ye see, and have not seen them; and to hear those things which ye hear; and have not heard them." Matt. 13:17. Moreover, you have learnt to die while alive and have a new life - by entering into the Kingdom of God, which is within you and cannot be had by observation.

My Master like all past Masters revived the old, old Truth to know that body is the Temple of God in which you reside and God is effulgent in all its glory, which we have forgotten. We are all members of the One family of God - all endowed with the same privileges. We are all children of God and as such brothers and sisters in God. We are all like so many limbs of the One body. If one limb is aching, the other limbs also suffer. So the way to be happy is to make others happy. The most beloved unto God is the person who does good to God's family.

Religion has two aspects. One the outer and the other inner. Man is a social being, and must have a society. Masters do not come to destroy but to fulfill. The one aspect is all right, remain where you are, and the other is to know 'Who am I' - know the Self and be free. The highest aim is to know one's Self and know God, and have loving regards for all others who are similarly situated by setting an example for others. An example is better than precept. So we are :-

- To be just and friendly to everyone.
- To be sincere and to be true to one's self.
- To be good and to do good to others.
- To make others happy.
- To comfort the sick and the afflicted.
- To serve the poor and the needy.
- To love God and all His creation viz. man, animals, birds, reptiles and also the least conscious.

They are all members of the One family of God.

- There is one caste, one religion, and one God.
- There is only one caste, - The caste of humanity.
- There is only one religion - The religion of love.
- There is only one Dharma - The Dharma of Truthfulness.
- There is one God - The Omnipresent.  
The Omniscient.  
The Omnipotent.
- There is one language - The language of the heart.

My best wishes go to you all to know all this and be a living embodiment thereof.

(KIRPAL SINGH)

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO.....A-536

DELHI-7...March 14, 1974

Dear

Your loving letter of Jan. 27, 1974 is before me.

I thank you heartily for your good wishes on the crossing of another mile-stone in my existence on the earth-plane and reciprocate your feelings by my good wishes for your health and happiness here and hereafter.

My dear there is not much to learn by way of intellection except that you are a changeless entity in the midst of the changing panorama around you and if you once catch hold of the changeless centre of your being, you can very well encompass the whole world - visible and invisible - and know all that is now hidden and then nothing will remain to be known. As you will progress on the spiritual path, all your questionings will, one by one, vanish into airy nothingness and again the Master Power will in its ringing radiance teach you the secrets of elan - vital or the divine life-force vibrating in you and around you in so many different patterns at different levels of existence. As all life is one, we are all inter-connected like so many beads of the rosary in Suter-Atma (the Universal Soul).

It is not my purpose to discourage you in your enquiries but these generally go on multiplying and tend to scatter the attention. Besides our language, suited as it is for the three dimensional universe of time, space and causation, fails to do adequate justice to matters relating the fourth dimension (lest to most of us) - to wit, spirituality. To know spirituality in its essence, one has perforce to become spirit. God is Spirit and one can truly know Him and experience Him by spirit and He teaches us in silence, by language which is at once speechless and wordless. True knowledge is an action of the soul and is independent of the senses. The surest way to Truth is, in the last resort, by taking a mortal leap and a headlong plunge into the Unknown. All other ways are just secondary, indirect and inadequate and provide us with relative knowledge in the realm of relativity in which we live.

I am glad to know that you have begun to feel, that yourself is expanding and you are amazingly growing into a new person, stronger than before in body and mind with exuberance of joy and peace and you are longing for the golden heights of perfection. But perfection lies ~~in~~ a long way off. It is at the farthest end of the journey - the el-dorado of all our hopes and aspirations. Rome was not built in a day. What you so ardently wish for will come to pass when it will and it must, provided you do not get impatient. The Master Power above is the best judge for the measure and the time for each advance onward.

As to your keen desire to help others, you should know for certain that nobody can help others on the spiritual path unless

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO.....

contd.....2

DELHI-7.....19

one for oneself aspires and works for it under the guidance of some Master Soul. It will be enough for you if you develop yourself into a shining example for others so that they automatically feel attracted and are influenced by the radiance emanating from you. Spirituality cannot be taught but it can very well be caught like an infection from a God-intoxicated person.

Now to your three questions in seriatum:-

1. Resurrection Jesus: Resurrection means to surge back or come back to life. It is nothing but transmutation of body or change from mortal to immortal form and then disappearing. The body, as you know, is the manifest of the soul, but soul is soul without its manifest, and this is what the white-robed forms of the Silent Brotherhood witnessed in the case of Jesus. And Jesus said: !Behold, for human flesh can be transmuted into higher form and that higher form is master of things manifest and can, at will, take any form ... In flesh of man there is the essence of the resurrection of the dead. This essence, quickened by the Holy Breath, will raise the substance of the body to a higher tone. ... I came to earth to demonstrate the resurrection of the dead, the transmutation of the flesh of carnal man to flesh of man divine... He who believes in the omnipotence of man, the power of truth, the resurrection of the dead, shall never die and the dead shall live again... human flesh can be transmuted into flesh divine. This Gospel of the resurrection of the dead (The transmutation of body from one form to another) is not confined to Jew and Greek; it is the heritage of every man, of every time and clime; and I am here a clear manifestation of the power of man... What I have done all men can do; and what I am, all men will be...I can manifest in flesh or in the higher plane of life, at will." Thereafter, the Master Christian materialised his spiritual body many a time to comfort, convince and assure his apostles and others about the truth of the resurrection of the dead and counselled ~~likewise~~ them to likewise conquer death, the last enemy of man. (Aquarian Gospel of Jesus Christ (Chapt:172,174 177 and 178)

My dear what is said about Christ, is not something new or strange. Those who have read it in the gospel alone, they may marvel at it because they have not studied the scriptures of other religions. We have similar instances in the lives of Saints (Kabir and Nanak), for when the pall was removed there was nothing beneath except flowers which were shared alike by Hindus and Muslims both of whom held them in great veneration. In the case of Jesus, on the other hand, there was a deep-seated hostility between the Jews and the followers of the newly born faith and it was but natural to effect transmutation of the body. Such rare things happen very rarely according to the dire need of the occasion.

As to ordinary miraculous powers which come by, on their own,

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO.....

DELHI-7.....19

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to those who practise the religion of the Word, but it be noted that these are to be avoided and bypassed so as not to get entangled in them and forget the goal - the unfoldment of the spirit to its fullest. Yogis dabble in these supra-sensible and supramental powers called *Ridhis* and *Sidhis* (including dematerialisation and materialisation of the human body) but not those who are seekers after God and God alone and are not after wealth, name and fame the last infirmities of noble minds.

2. The physical consciousness through the senses, the mind and the intellect, is, as you know, an illusion. This is why stress is laid on rising above body and mind consciousness. As one does so and gets into the citadel of the soul, one feels more secure against the onslaughts of time and the vagaries of nature, unmindful even of the surgeons' knife and the lancet, if need be. But it is much better to score off the outstanding karmic debts as quickly as possible and as cheaply and cheerfully as one may under the protective influence of the God Power which invariably tones down the intensity and duration of the sufferings otherwise to be gone into. But mind, that the power of the spirit is not to be frittered away in healing processes as Christian Science teaches, but are to be conserved for higher purpose of God-realization. First help yourself before thinking of helping others. All others will, on their own, get healed and benefited by the radiance of your aura without even your being aware of it.

3. Every saint has his own sphere of influence and as you have rightly remarked, he is concerned greatly with the western world which perhaps needs him the most. At times such souls do go into the seclusion of the forests or mountains to enrich their stock of spiritual wealth.

Your aspirations to visit India are commendable. It is possible that your dream may come true in the fullness of time.

No extraneous power can have any influence on one travelling on the Path Godward. Even the Angel of Death cannot dare come near one practising the Sound Current. The repetition of the charged words work like magic in chasing away any distractions whatsoever for these flee like dry leaves before the wind.

Copy with a  
copy of letter

under reply to

Mr. Reno Serrine  
Mr. T.S. Khanna  
for information  
and guidance.

I note with pleasure your appreciative remarks about dear He is a loving and kindly soul, engaged in willing service in the vineyard of the Lord, with devotion and earnestness all his own.

Please convey my love to dear Both of you are so close to me. I hope you are attending the local Satsangs regularly and also maintaining your spiritual diaries.

With kind thoughts and best wishes,

NOTE: PLEASE QUOTE REF. NO. TO FACILITATE DISPOSAL

Yours affectionately,  
*Kishor Singh*

# RUHANI SATSANG

SAWAN ASHRAM,  
GUR MANDI,  
DELHI-6 (India)

March 19, 1963.

Dear

I have received your spiritual diary for the month of January 1963, and noted its contents.

I am glad to find that you are lovingly devoted to your holy meditations with the result that you are blessed with the manifestation of divine light spots, after rising above body consciousness, and hear the holy sound current of bells ringing, as coming from the right side, with the grace of the Master. These are the expressions of divinity within, and should be developed from day to day by regular, faithful and accurate meditations. You should look intently into the middle of inner light and repeat the sacred charged names, mentally very very slowly, may be at intervals, so that the inner gaze is not disturbed, this light will grow strong and ultimately burst to give you further way up with the grace of the Master. The holy sound current of bells as coming from the right side should be listened with rapt attention. It will draw closer, grow stronger and ultimately come from above.

The difficulties experienced in regard to your withdrawal upto the eye focus and deep concentration these will be overcome by persistent efforts. Please note that you are neither to watch the process of withdrawal of the sensory currents from the body below, not exert any pressure at the eye focus to attain deep concentration, but simply continue looking intently and patiently into the middle of whatever you see within light or darkness. All else is to come of itself in due course with His grace. The stray thoughts intrude during the slackening of inner gaze and as such you should develop the habit of staying within at the eye focus, by loving devotion.

Please be lovingly devoted to your holy meditations with deep faith and sacred earnestness. Master Power working constantly overhead will be extending all feasible help, grace and protection.

With love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

# RUHANI SATSANG

SAWAN ASHRAM,  
GUR MANDI, DELHI-7.  
(INDIA)

Ref. No. \_\_\_\_\_

Dated \_\_\_\_\_

BIRTHDAY MESSAGE 1969:

Dear Ones,

I am entering into the evening of my physical life after passing through the seventy five years of age with the grace of my Master (Word made Flesh), and find that the Word-Holy Naam is the stake of my life here and hereafter, and so for each one of you whom God has sent to me. That is the Bread of Life and Water of Life, which nourishes the Soul. On spiritual health depends the life ~~and~~ mind and body both. Without that our lives have no worth as an elephant which has no ivory teeth, a well which has no water to give, a fruit tree which bears no fruit; the earth which gives no vegetation without rain or water; or the night which is without moonlight. This is the most important aspect of our lives. "What does it profit a man if he gains the possessions of the whole world and loses one's own Soul".

While enjoying the bliss of Holy Naam, the mind - an agent of Negative Power creeps in stealthily to devoid us of the bliss of God intoxication considering that one is indispensable in whatever life he/she is placed. We are fortunate to have been selected to do certain jobs in the set-up of God's work, and each of such ones should feel thankful to God and put in shoulders to the wheel. The devoted children live in harmony with each other in the noble cause of God. The Master is fully aware and has appreciation of each one's loving devotion and sacrifice and doles out to him/her the loving intoxication to the capacity of each one of them. Big and small wheels in a machinery have to play their own part, to keep the machinery agoing, smoothly by oiling with the fragrant oil of loving devotion. You must be careful not to be deceived by the crafty machinations of mind by turning your face to the Master Power, which resides in each one of you at the time of initiation, and never leaves you here and hereafter. This can be done lovingly by keeping His Commandments.

I wish to see you progress fully on the spiritual Way and become ambassadors of Truth during the evening of my life - the sooner the better as time and tide waits for no man. Let us unite one and all in loving embrace of the Master forgiving and forgetting petty differences created by the mind to retard our progress and bring the blessings of the Master Power working overhead.

I wish each one of you to join with me in the prayer in the words of Guru Ram Dass Ji and Guru Arjan Dev Ji as under:-

- (i) O Lord forsake not me, Thy slave,  
Take me in Thy loving embrace: O Lord out of Thy old old Love.  
It is Thy innate nature to purify the sinners.  
So heed not Thou my errors and sins.  
Thou art the life of my life, my peace, my riches;  
So burn down Thou, in Thy Mercy, the curtain of ego that screens  
me off from Thee.

Without water how can the fish abide?  
Without milk, how can the child live?  
Slave Nanak craves for the Lotus-Foot of Thee,  
O Lord, Seeing Thy Vision doth he gather the Essence of joy.

# RUHANI SATSANG

SAWAN ASHRAM,  
GUR MANDI, DELHI-7.  
(INDIA)

Ref. No. \_\_\_\_\_

Dated \_\_\_\_\_

contd .... 2

(ii) As a last resort I go to surrender myself to Thee O Lord;  
 As I have come to Thy Refuge, it is upto Thee to accept  
 or kill me (1.pause)  
 The clever sycophancy of the world, this I have cast all to  
 the fire.  
 Now say they good or evil of me, I have surrendered myself  
 (to Thee my God)  
 He who commeth to seek Thy Refuge, O Lord, him Thou  
 protecteth in Thy Mercy.  
 Nanak hath come to Thy Refuge, O Lord, Now keep Thou my honour.

(iii) O Thou Fount of Mercy, abide ever in my heart;  
 And awaken that intuition in me that I begin to Love Thee (pause)  
 Always keep me in the holy Dust of the Saints' Feet  
 that I apply it to my forehead.  
 Though most sinful I may become purest of the pure, by tuning  
 with the Music of all Harmonies and ever sing Thy Praises.  
 That Thy Will be sweet to me, and I be pleased with whatever Thou  
 Doest and whatever Thou givest I be satisfied and I  
 wander not about to knock another's door. (2)  
 I may know Thee always nearer me and be the  
 Dust of all in all humility.  
 In the company of the Saints all this can be achieved and  
 can have a Vision of God.  
 We are ever Thy children, O Lord, Thou art our Master and King.  
 Nansk is Thy child, O Father and Mother, and in his mouth is  
 the Milk of Thy Name.

Yours affectionately,

*Kirpal Singh*  
 (KIRPAL SINGH)



## R U H A N I S A T S A N G

SAWAN ASHRAM,  
GUR MANDI

Ref. No. \_\_\_\_\_

DELHI-7, February 14 1968

Dear \_\_\_\_\_

I have received your loving letter of February 1, with spiritual diaries for the quarter ending January 1968, and noted their contents.

I am glad to find that \_\_\_\_\_ devoting time for meditations with the grace of the Master. It appears that \_\_\_\_\_ does not spend time regularly for listening practice as otherwise the conch sound as coming from the right side will become more clear, draw closer, grow louder and ultimately come from above. The divine revelations of lights and sound current are auspicious gestures of His grace and should be developed from day to day by more of accuracy and steadfastness. Listening practice is equally important for which regular time should be devoted for having steady progress.

Your questions are replied ad seriatum:

1. Telling a lie in one form or the other has a purpose behind it which may be personal or impersonal, but the effect varies according to the circumstances in which told. Truthfulness is a divine virtue and should be practiced carefully by avoiding all loose talk, gossip, and in case you consider that somebody's sentiment are likely to be injured by speaking truth, silence should be observed than speaking untruth.
2. Failure in selfless service means when you can afford but refuse to do so
3. Failure in thought caused by one or the other factor when unchaste ideas intrude is a failure and should be reckoned as such.
4. Inadvertent mortality caused during sanitation etc., need not be noted in diary form.

Please be lovingly and regularly devoted to your holy meditations with deep faith and sacred earnestness. Master Power working constantly overhead will be extending all feasible help, grace and protection.

With love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

# RUHANI SATSANG

SAWAN ASHRAM,  
GUR MANDI, DELHI-7  
( INDIA )

Ref. No. ....

Dated May 29 1969.

Dear

I have received your loving letter dated May 1st, 1969, and spiritual diaries for February, March and April 1969, and have noted their contents.

As there is no trace here of your previous diaries, it may be that they were lost in the post.

It will be of more benefit to your inner progress if you can endeavour to allot regular time each day to your holy meditations, at least 2½ hours daily, which may be divided equally between the practices of Light and Sound. By devoting more time at each sitting, it will give the soul more opportunity to rise in consciousness. If the meditation is abandoned just when the light is appearing within, after just a short while sitting, it becomes difficult to overcome the initial huddles of becoming absorbed at the eye focus and training the mind to enjoy the inner experiences. With more time devoted, the gray light will increase and brighten, and develop into further manifestation of light to guide you to the radiant form of the Master within. Listen with rapt attention to the sound of the sea shell, as coming from the right side, and this will draw you further within and you will enjoy hearing the various other sounds on the way up. With continued and regular practice the mind will gradually become more stilled and able to enjoy the meditations.

My tour of the various countries is still in the course of preparation, but I will be pleased to see you as and when God willing, visit the United States.

Please be lovingly and regularly devoted to your holy meditations with deep faith and sacred earnestness. The Master Power working constantly overhead will be extending all feasible help, grace and protection.

With love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

# RUHANI SATSANG

SAWAN ASHRAM,  
GUR MANDI

Ref. No. \_\_\_\_\_

DELHI-7. July 3 1967

Dear

I have received your loving letter of June 18, 1967 after a long interval and noted its contents.

I am sorry for your physical suffering and hardships which you had to undergo during these several past months. Such like hazards crop up as a reaction of past Karma. However their severity and duration is considerably toned down by the gracious Master Power. Your sense of endurance and deep gratitude for enjoying the gracious protection is appreciated. He is ever with you extending all feasible help, and protection.

You may meditate as much as you possible can do in any posture most conveniently suitable to you. I enclose a copy of brief instructions for meditating accurately for your guidance and help. Please read and follow them very carefully.

It is so good that you attend the local Satsang which are invariably blessed by the divine radiation of the Master Power. A recorded spool containing your lovely messages was received earlier and heard with pleasure.

You need not bother about wrong steps but try to be lovingly and regularly devoted to your holy meditations with deep faith and sacred earnestness. The gracious Master Power will be extending all feasible guidance and protection. My love and blessings are always with you.

You may keep me posted all about your physical and spiritual welfare at regular intervals say every three months.

With all love and best wishes,

Yours affectionately,

*Kripal Singh*

Encl: Instructions.

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Ref No. \_\_\_\_\_

Dated August 27, 1969.

I have received your loving letter of July 29, with spiritual diaries for the quarter ending, July and noted their contents.

I am glad to find that both of you are devoting time for meditations with the result that you are blessed with inner experiences of divine lights and sound coming from the right side with the grace of the Master. These are auspicious gestures of divine grace and should be developed by more of accuracy and steadfastness.

Indeed spiritual practices are a constant endeavour yet it becomes more interesting and fruitful if you put in more of heart and soul. Love knows no burdens, the pursuits of spiritual progress are equally exhilarating when undertaken in a spirit of sweet humility and self surrender.

You need not bother about the casual thoughts flashing your mind but try to overcome them by more of inward prayer and supplication. It does not seem necessary to include such thought vibrations as failures in thought; in the diary forms; when you are an observer only. Such like compassionate feelings evolve in pure and humble hearts when they pity the worldly affairs, hurting the innocent humanity. A serene and sublime attitude for life should be cultivated by inner attunement with holy Naam and gracious Master Power working overhead.

Please be lovingly and regularly devoted to your holy meditations with deep faith and sacred earnestness. Master Power working constantly overhead will be extending all feasible help, grace and protection.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Ref No. CIRCULAR LETTER

Dated October 1969

Dear Reno Sirrine and Khanna Ji:

recently  
Mr. Reno Sirrine requested guidance on the matter of the duty of young men who are eligible under the law of their country for service in the armed forces. As many of the dear ones have written to me requesting further clarification on the brief Circular that Mr. Sirrine issued on the letter that was sent to him on this subject, I hope that the following will clear up any doubts that they may have:

As already mentioned,  
every citizen has an obligation towards the country in which he is born. If that country is threatened by an invader, then it is the duty of every man and woman, in accordance with their mental and physical abilities, to protect the innocent people of their country. For example, one could render service in a non-combatant arm of the army such as the Medical Corps. whose primary duty is to relieve the suffering of the wounded and the like.

for any cause,  
If a government orders a general conscription of all able-bodied men to the armed forces, there is little that can be done. If, however, one can honestly be excused from military service because of a physical disability or other valid reason, then by all means this may be done.

All Saints and Masters have greatly deprecated not only wars, but all forms of violence that bring suffering to mankind. These conditions are brought about by man himself, who, in his ignorance that God resides in every heart, will not allow his fellow man to live in freedom and peace.

All the dear ones who are obliged to fulfill their duty to their country, should have full faith and courage in the gracious protection and guidance being extended to them by the Master Power working overhead.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

# RUHANI SATSANG

Reno S Irvine

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Ref No. FOR DISTRIBUTION TO ALL INITIATES

Dated November 5, 1969

Dear Ones;

In my Circular letter of June 13, it was explained in detail what is the responsibility of each and every initiate, the true meaning of Initiation and the life to be led by one who wishes to progress on the Path.

In continuation, I should like to say a few words on "Sadachar" or the righteous life, without which one cannot sit in the quiet of his own self and, with concentrated attention, pierce through the inner darkness.

To achieve true spiritual progress, one must lead "the good life," I may even say a "God-like life," before much inner progress can be made. At the same time, one must be fully dutiful to regular meditations, as both are essential. To lead a god life without devoting time to one's spiritual practices will not raise the attention to the seat of the soul. Similarly, devoting hours to meditation without eliminating bad habits and cultivating good ones in their place, will not get one anywhere. Purity of life is essential for fruitful meditations.

What is "the good life?" It is to have good thoughts, good words and good deeds. Sadachar is a life of continued rightness from beginning to end. It is for each initiate to occasionally pause and introspect as to how far he has succeeded in moulding his life in accordance with the commandments of the Master. We talk of God, hear of God and read of God, but we seldom practise God in our daily life. It is the practice of the Presence of God that matters and we can only have the awareness of this Presence by leading a god-like life; there are no short cuts on the way back to God.

Truth is higher than everything but higher still is true living. Truth and true living are not exclusive of each other but go together; one supplements the other and their combination forms the god-like life. One who practises true living will always earn his living by the sweat of his brow and feed himself and his family on rightly procured foods consisting of fruits, vegetables, nuts, cereals and permitted dairy products. Furthermore, he will be honest and above-board in his dealings with others. These three aspects of conduct are indispensable aids to true living. One can gauge his or her spiritual progress by the measure of conscious control that he or she has over their thought pattern. One who has in some measure achieved this control will not be swayed or upset by outer conditions, stresses and strains that his environment may place on him. If one cannot rise above, be in full control of and handle with ease the circumstances of his outer environment, he will never be able to succeed in the way of Spirituality.

So the important thing is to first learn to handle your outer environment, consisting of your home and/or work life. We are to be judged by our actions and not by our words. It is from the abundance of

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Ref No. FOR DISTRIBUTION TO ALL INITIATES

Dated November 5, 1969

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our heart that all actions result, whether physical, emotional or intellectual. The mind is an index and reflecting mirror and it truly depicts one's inner state. A measure of success in how well you are succeeding in handling your outer environment will be a gradual awareness that you are becoming the master of your own thoughts. It is to achieve this success that I introduced the self-introspective diaries. How many really keep their diaries properly? Very few, if any, I am sorry to say. If the diaries were to be taken advantage of, you would see a change in your behaviour, your mode of thinking and consequently, you would progress spiritually by leaps and bounds. The purpose of the diary is to reflect your own inner state, so that you know where you stand. It is a tool, which if used properly, will chisel you into a receptacle fit for the manifestation of the Master within you. You should put just as much devotion and attention into keeping your diary as you put into your meditations. The following points will give you the right understanding on the sublime purpose behind and benefits to be had from keeping the diary:

- (i) When, at the end of the day, you recall your failures in thought, word and deed, in which direction will your mind be turned? Naturally, it will go to the One who has asked you to keep it. So keeping the diary is also remembrance of the Master you are saying something to Him. If you remember Him, well He remembers you, and in time, you will develop receptivity to Him wherever you may be. There can be no true spiritual progress without receptivity, and the daily maintenance of the diary with full attention and a true yearning to be freed from the lapses which are recorded therein goes a long way to developing this receptivity.
- (ii) In the Christian religion, I understand that those who wish may make a confession of their lapses before a priest. They may go once a month or weekly, but generally not more often than once a week. But by keeping the diaries, you are making a confession every day. Let your confessions be honestly and openly recorded in the various columns, so that you know where you stand and can take rectifying action. The best and easiest way to cure your ills is to yearn to be free of them and, as mentioned above, to have sweet remembrance of the Master at the time you are filling in *your* diary.
- (iii) Last and just as important as the foregoing, keeping the diary should not be allowed to stagnate into a mere recording of failures, which tend to become mechanical if done with little or no attention. The true purpose of putting these failures down in front of you is to make yourself aware of them so that they may be weeded out. To weed them out, it is not sufficient to cut off one or two branches, you must uproot the cause. Once you become aware of a failure, you should be able to trace it to a certain situation, and this situation will help you to identify the cause of the weakness in you that has to be streng-

continued - 3

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Ref No. FOR DISTRIBUTION TO ALL INITIATES

Dated November 5, 1969

- 3 -

thened. By and by, the very cause of the failure will drop off by itself.

Another important aspect of "the good life" concerns outer behaviour, which should be natural to the society into which one is born; no acting or posing is required. There are some dear ones who believe that they should adopt the outer symbols of dress and name that characterize the society into which the Master was born, in the belief that this is pleasing to Him. The life of the spirit does not call for conversion to outer modes of living in name, appearance or apparel. The Masters do not come to make or unmake social orders. Their mission is just to fulfill the law of God, which is to redeem His lost children. They simply ask us to convert ourselves inwardly, to be poor in spirit and pure at heart. We should cultivate true humility, which is neither servile nor assertive. These are the things that will please the Master and make us receptive to the gracious Master Power working overhead. If you live a life of humility and simplicity, you will have peace of mind. After all, what is there on earth that belongs to you? Why be attached to the vanities of the world when the treasures of divinity lie within you. If you live for God, all things shall work out in your best interests, not only spiritually but also materially. This is the fundamental law of God and can be realized by all who will practise true living.

The reward of true living will be that you will become receptive to the Master Power working over your head. No real progress can be had unless this receptivity is developed. By receptivity a disciple is cast into the same mould as the Master, but before one can become receptive, he must have right understanding. This is given either by word of mouth by the Master at the Satsangs conducted personally by Him or through His writings in the form of the many books and Circular letters to those who live afar. Right understanding by word of mouth or through His writings constitutes only one third of the teachings of the Master; the other two thirds are achieved through developing receptivity. Christ said, "I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing."

The first sign that a branch is receptive to the life-giving sap that rises in the body of the vine will be blossoms, and the second by the fruit that it will bear. If a branch cuts itself off from the sap, then...? It will become but a dead piece of wood, fit only for the pruning shears of the gardener. The vine gets its food through its roots, which are intertwined and embedded in the nutriment giving soil. Therefore, the branch that is receptive or attached to the body of the vine gets the same food. Similarly, the Master's roots are embedded and intertwined in the Godhead. So the disciple who is attached to or becomes receptive to the Master can not only be fed by the life-giving sap of the Master but can actually pass through His roots until he too becomes embedded or intertwined in the Godhead, and this can only be done by developing receptivity. To attempt to gain the Godhead without being receptive to the Master Power is fraught with danger. Maulana Rumi says, "Do not go within without the Master, as there are many dangers inside." If one should

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Phone : 221343

# RUHANI SATSANG

SAWAN ASHRAM,  
GUR MANDI, DELHI-7.  
(INDIA)

Ref. No. TO BE DISTRIBUTED TO ALL INITIATES

Dated November 5, 1969

- 4 -

happen to rise above body consciousness without being receptive to the Master Power, he will become hopelessly lost in the lower astral planes and runs a great risk in being deceived by the many manifestations of the Negative Power. There have been instances where even great Rishis have fallen because they relied on their own power to carry them over the dangers that abound in the inner regions.

So receptivity is important for success in all phases of life, both mundane and spiritual, and it can be achieved by following the right understanding given above. First, one must lead a God-like life; second, the spiritual diaries must be maintained in the accurate way as already explained, and third, one must learn to develop receptivity. If you succeed in the first two, the third will follow of itself.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh's*

KIRPAL SINGH

Copy sent to the Representatives in the various countries —

*Reno Sivine*

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Ref No. \_\_\_\_\_

Dated November 12, 1969.

Dear

I have received your spiritual diaries for the past quarter ending October 1969, and noted their contents.

I am glad to find that you are devoting time for meditations with the grace of the Master. The occasional revelations of grey clouds in inner vision and humming sound coming from right side are noteworthy and these experiences should be developed further by more of accuracy and steadfastness. The time for meditations should be increased gradually to have the target of two hours daily and gaps in meditations be avoided in the larger interests of your spiritual progress.

The intrusion of foreign stray thoughts of unfinished work should be overcome by developing the habit of looking intently, minutely and constantly into the middle of whatever you see at the eye focus. You can recite some prayer or devotional hymn before sitting for meditations which shall create an aura of receptivity and your meditations will become more easy, interesting and fruitful. You should learn to do one thing at a time and that is too with singleminded attention and devotion. This will be helpful for you in all spheres of life including meditations.

Please be lovingly and regularly devoted to your holy meditations with deep faith and sacred earnestness. Master Power working constantly overhead will be extending all feasible help, grace and protection.

With love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

# RUHANI SATSANG

Reno Sirmie

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Dated January 21, 1970

Ref No. BIRTHDAY MESSAGE - 1970

Dear Ones;

Through the grace of my Master, another year of my Mission has been completed, and my 76th birthday marks the beginning of a new one. It is my wish that the birthday of the Master be celebrated by all of you as befits the occasion, which is by living up to my words - "Let my words abide in you - and you abide in me". The result will be that your minds will become pure and the gracious Master ~~then~~ can then release your soul from the bondage of mind and matter and take it up to meet His Radiant Form within you. You will then have achieved your second birth, the true one into the Beyond. How wonderful it would be if the Master and His children could thus celebrate the coming 77th year of my physical life in this way.

For this, the ground has been prepared for you. You have been put on the Way and given some experience of the God-into-Expression Power of Light and Sound Principle within you, which can be developed from day to day by right living and devoted meditations. The Cause of the Master is the Cause of God, and it is for each one of you to make it your cause by being an example of the Master's teachings, His Light and Love.

Spirituality is a living and practical subject. The right understanding of this has been made clear to you in my Circular Letters of June 13 and November 5, 1969, which should be read again and again, so that you may compare how your day to day living is matching up to them. You will receive further help and encouragement when you read my latest book, entitled "Morning Talks", which is now in the final stages of publication. These talks, which were given by me in the mornings at the time a number of dear ones from the West were staying here at the Ashram, cover almost every facet of Spirituality. Each of the forty talks in this book deals with a different aspect of what is required to progress on the way back to God, and succeed one another in such a way as to form a God-given Spiritual Textbook.

God willing, I hope to be amongst you all sometime this year. If you make earnest efforts to change your lives in accordance with my words, you will develop receptivity to the gracious Master Power within you, which will receive a boost from the divine radiations shed by the Physical Presence of the Master. It is for you to make the effort and for Him to crown your effort with success.

I have great love for all of you. Indeed if you knew how much I loved you, you would dance for joy. You will become so intoxicated by His love that it will carry you straight into the arms of your Beloved within. In this way only will you have celebrated the Master's birthday as He wishes.

My love and best wishes go to one and all.  
Yours affectionately,

Kirpal Singh *Kirpal Singh*

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

Dated October, 26 1970

It is after over a year that I find your loving letter of no date before me, the previous one being of August, 1969.

It is unfortunate to learn of your having hurt yourself in meditation, by some indefinable power, creeping and crawling from below to the throat ganglion, the seat of Shakti or the goddess of the mayaic power.

You should realise that one who has two many irons in the fire cannot do adequate justice to any of them. It is always better if one could act as a busy bee collecting honey-dew than to be a bumble-bee flitting from flower to flower and be ultimately caught in one of them.

And again, the Kundalini yoga is an exercise of the most arduous unless one knows how to control and direct the serpentine power when once it is roused into activity.

It is always safe if one were to restrict oneself to any-one type of yoga than to dabble in more than one, regardless of the consequences flowing from half-digested techniques involved therein.

Every age has its own characteristics and we have therefore to conform to the requirements of the age in which we live. Compared with many another kind of yoga, the yoga of the sound current is most suited to the present times. It is because of its ease and simplicity or the effortless effort required therein that it is termed Sehaj Yoga -- a yoga that can be practised by one and all regardless of sex, age and individual temperament. Starting from the eye-focus, it provides a natural, rational and straight approach via the saving life-lines within to which a conscious contact is given by a ~~Competent~~ Competent Word Master. Again, as the disciple advances inward, the Radiant and the Sound-forms, respectively of the Master accompanys and guides on the inner planes.

I am glad that you are steadily recovering from the shock that you had. The Master Power above will help you to normalcy. I would, in your own interest, advise to steer clear of the shoals and sand-banks and stick on tenaciously to the spiritual path on which you have been put and everything will go well with you.

The human life is nothing but a series of experiences, sweet as well as bitter, and we have to make the most of them. They serve as a healthy corrective if taken in the right spirit. Be of good Cheers. My good wishes are ever with you.

...2/-

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

Dated January 5, 1971

It is after about three years that I am in receipt of your loving letter of October 26, 1970 along with its enclosure and have gone through the contents of the same with interest.

It is understood that you desire to have the authenticity of the letter (copy of which enclosed by you) purporting to have been written by Great Master Hazur Sawan Singh Ji Maharaj; and know more on the subject. In this connection please refer to my book 'GODMAN' which throws more light on the subject.

However please note that the gracious God Power manifests on some chosen human pole of the Living Master for the guidance and liberation of child humanity. At the time of initiation the Master resides in him and never leaves him till the end of the world. He is the Word personified. Just as Word or Holy Naam is the controlling power and pervades everywhere in the universe, the Radiant Form of the Living Master works everywhere irrespective of time and space. Any where in this universe when the sincere seekers try to invoke divine grace by humble supplication, this Radiant Form of the Master manifests and renders feasible protection. The dear ones who are initiated by the Living Master and granted this rare boon of holy Naam enjoy special privilege as this Radiant Form ~~sitting~~ settles with them in astral form at the eye focus, and they can contact Him by regular, faithful and accurate meditations. The Living Master is fully conscious and aware of His responsibility for His initiates and constantly works for their spiritual welfare. Those who work sincerely on their meditations and maintain conscious contact within with Him enjoy perpetual bliss and protection. However, in case any initiate is in some trouble or distressed and informs the Master by letter or otherwise, he/she receives still better grace and protection in accordance with the human law of sympathy. You may please note that Word or Shabd is the controlling power and extends all feasible protection for the dear ones. The Master being Word Personified radiates more of divine grace through this media of divine light and sound current which at times grows in intensity to prove that they are under divine protection. I hope it is clear for your understanding.

The Master Power works in fullness on all levels of existence and at each level at one and the same time. The Radiant Form of the Master is real as reality itself. It may be said to be an image of the Master (image of His physical Form) since in the likeness of the Master or else how can the disciple, when above body-consciousness, recognise and get guidance within. It is first this Jyoti Swaroop (Light Form) and then the Shabd Swaroop (Sound Form) that simultaneously do the work on the inner planes. These are but different names or aspects of the One God Power that is All-Pervading, working in space and out of space and upholding the Universe, macrocosm and microcosm and all that is in each of them. Once this God Power (the spirit and power of God as Christ names it) is made manifest by the Master in any individual, It constantly remains with the disciple and the latter by diligent practice so developed as to make the most of them, if and when necessary.

PTO

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

-2-

Dated \_\_\_\_\_

What is the Master Power and how it works you will do well to study the talk on 'God Power, Christ Power and Master Power' given by me 25th, December 1963, at the St. James Episcopal Church, Houston, Texas which has since been printed and can be had from the Satsangs over there.

The working of God Power in each individual is a matter of grace, depending mostly on the will that freely accepts, in moments of quiet surrender within one's self upto its holier and healthier influences. You will greatly profit if you were to refer to the three earlier circulars on the subject since published in Sat Sandesh. A careful study of these will amply repay you not only in better understanding but in actual practice as well.

Next, as your inquiries relating to the use of refined crystallised sugar by the Satsangis. Dr. Fred Pehe has really done a fine job by the intensive study he has made on the subject. His findings are well calculated and firmly balanced. Sugar, in whatever form: white, black, brown or clean raw, is injurious to health - the white, the more hazardous. It is an inorganic substance and food-less food, devitalised and devitalised and if one could avoid it, the better it would be. But to taboo the use of sugar by the Satsangis on ethico-spiritual grounds will be going too far and making things too difficult as you say. In the common run of life there are many things which one cannot do without. A certain percentage of alcohol is always a base in the preparations of most of the medicines and even homoeopathic remedies have to be prepared with the help of mother tincture. Can we in this age do away with the uses of the same or in like way injections or transfusions of blood or implanting of eyes and hearts so very necessary in the interest of health. Such things if stretched to unreasonable lengths would make life a burden and Sat Mat unworkable.

Just consider if we can avoid non-destruction of life under all conditions. Are not all hygienic processes and scientific husbandary depend on insecticide and pesticides. It does not mean that we, in any way justify killing. Killing is no doubt bad but to avoid it altogether is not possible. Do we not destroy life even by partaking vegetable diet from the table of the Dame Nature.

Instead of getting lost in the details of life our emphasis must be on the practice of holy Word and on tapping within. As a rule we should which should be on the basis of least sin and become conscious co-worker of the divine plane and lose all ego or doership. We must learn to take hold of the trunk and the branches and leaves will take care of themselves. Word is the only panacea for all the ills and contaminations, may be old or new for all will get singed in the forest fire of Naam reducing everything to a rubble. But mind, it does not give you a license to do what we say. We have to be content by taking the line of least resistance and strive for a goal with all our heart, with all our mind and with all our strength - to wit, to catch the sound current and to rise unto our eternal Home. When you become the Conscious Co-worker of the Divine Plan, you see He is the deer and as such all sins are washed away.

// Please see the book 'WHEEL OF LIFE' which gives a detailed account of the least sin in eating vegetables even.

**RUHANI SATSANG**MARHA BAWAR  
JOPAN 500SAWAN ASHRAM  
GUR MANDI,

Ref. No. \_\_\_\_\_

DELHI-7 May 5<sup>th</sup>, 1971

Dear

I have received your loving letter of March 27, 1971 through Divine Science of the Soul, California and noted its contents.

I am glad to know that you could benefit from the circular letter of February 20, 1971 and were filled with rare inspiration with the grace of the Master. This shows your sense of inner receptivity when you could assimilate the right understanding it carried from the Master. You are requested to obtain some more printed literature relating to the holy Path from Mr. Reno Sirrine and study the same diligently. It will not only enrich your understanding but be immense help for eventual inner spiritual progress.

It is due to the evolution of some rare noble Karma that one yearns for spiritual enlightenment. The gracious Master's Power controlling and guiding the destiny of child humanity leads the sincere seekers to the Living Master. There is food for the hungry and water for the thirsty.

There are certain essential basic pre-requisites for taking up the holy Path which comprise of total elimination of all meat, fish, fowl, eggs both fertile or unfertile and all alcoholic intoxicants and drugs. If you are already observing the same much better, otherwise please try to adapt yourself to this type of serene living in the larger interests of your spiritual progress.

With love and best wishes,

Yours affectionately,

*(Signature)*  
( Kirpal Singh )

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI,

Ref. No. \_\_\_\_\_

DELHI-7 January 12, 19 72

Dear Reno H. Serrine,

Thanks for your kind sentiments, good wishes, greetings and loving adorations conveyed in a lovely card duly signed by all the dear ones of your centre. I gladly reciprocate the same for your physical health and spiritual progress.


I appreciate the loving cooperation of the dear initiates and others who participate in the local Satsangs and benefit from the overwhelming divine grace of the Master. Your anxious aspirations to have me amidst you this year are noteworthy. I do feel a strong pull at times from your side and wish it could mature soon. God willing when my foreign tour programme is finalised, all of you will know of it in the near future.

I hope all of you are devoting regular time for meditations and enjoying inner peace and ~~xx~~ progress.

Kindly convey my love to all the signatories individually.

With all love and best wishes,

Yours affectionately,

  
(Kirpal Singh)



# RUHANI SATSANG

SAWAN ASHRAM

GUR MANDI.

REF. NO. \_\_\_\_\_

DELHI-7 March 7 19 72

Dear Reno Ji,

I feel a strong pull from the dear ones who have to wait so long for my visit to them which could not materialise last year on account of my physical health. I have consulted my doctors to permit me for proceeding abroad this year. You will be glad to know that they have agreed for my undertaking foreign tour with certain limitations, which may involve the minimum travelling hours. I have my firm intentions, save all events and God willing, to come to the states this summer. I would therefore request you to let me have the minimum number of days required for touring various principal cities in your jurisdiction. It would be appreciated if my stay is arranged in some centrally located place where all the dear ones could conveniently see me, and the maximum number of dear initiates and other dear ones seeking the Path, may benefit from my presence. I would prefer to stay <sup>from 4 to 6 days</sup> ~~upto a week~~ in one city and the dear ones of the adjoining areas could assemble together, for benefitting from regular Satsangs and mass meditations. This shall enable them to derive maximum spiritual benefit and save me to travel various places.

I shall be glad to have your reply in this behalf towards the close of this month positively, so as to finalise my plans.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
( Kirpal Singh )

# R U H A N I S A T S A N G

SAWAN ASHRAM

GUR MANDI

REF. NO. A-416.DELHI-7 July 3rd 19 72.

Dear

I am in receipt of your loving letter of May 31, 1972.

I did not condemn celibacy. On the contrary it is something admirable if one can practise it successfully and abide by it inwardly. In the work a day world as it is, experience shows that very few souls are capable of doing so. My emphasis was only on the point that we cannot restrict the Divine Path for celibates alone. If it were so, then hardly a handful will qualify themselves for God-knowledge and God-realization.

In India, the traditional system of Varan Dharma and Ashram Dharma prevailed - former for social welfare and the latter for individual wellbeing. A person's individual life was charted out in four stages; Brahmcharya, when one is supposed to study the scriptures and learn pari passu all kinds of arts and sciences to befit him to earn a decent living by honourable means. During this period one is enjoined to lead a life of self-imposed purity (celibacy as you call). Next stage is that of a righteous householder (Grehast), which in fact, you will realise, is a stage par-excellence in as much as, the entire social fabric depends on it, including that part of life which is dedicated to practising self-realization and God-realization in seclusion, to the exclusion of all worldly affairs (Vanprastha or life in the forests as it used to be) and lastly Sanyas, when one is supposed to share one's esoteric experiences with seekers after God. Thus you will see that celibacy finds a prominent place in the life of a person in three stages; when engaged in scholarly pursuits, ~~secular~~ secular and spiritual, and when a recuse is given over to meditation and lastly, as and an evangelist spreading the Knowledge of God (Gospel) among his fellow-beings. Thus, in actual working, abstinence comes to play an important role naturally, as a matter of course, without any irksome pressures from without. Even as a house-holder, one is required to exercise a reasonable and rational restraint over oneself in his overall interest.

From your account of God-Light or ultimate Enlightenment, you seem to be following the Path of the ancient Yogins, which starting from the coccygeal level at the base of the spinal column, rises upwards to umbilical and then on to the cervical, the upper part of the said column. For your information, I will like to add that this is a long and arduous process fraught with many a danger. In this age, we are hereditarily not fit to undertake this. To raise the Kundalini, the great serpentine-power at the base, and to control it in its upward journey through the Sushmana is not so easy as it may seem to be. It involves a lot of Hath-yogic Kriyas or practices, for purifying the nadis, particularly the Lunar and the Solar on each side of the Sushmana, before one strike a means between the two. Again, the lights which one experiences in the body are the elemental lights upto the cervical level. The true light dawns only when the spirit-currents are fully collected and concentrated in

Contd....

# RUHANI SATSANG

Phone : 221343

SAWAN ASHRAM  
GUR MANDI.

REF. No. \_\_\_\_\_

- 2 -

DELHI-7

the eye-focus, beyond ~~the~~ and between the two eyes. This is the 'Single Eye' of which Jesus speaks of and is variously described in scriptures of other religions as well, e.g., Shiv-netra, Divya Chakshu Chashme-e-Batan and the like.

'Liberation' comes only when you are reborn -born of the spirit and not before. Man escapes the bondage by rebirth -birth by the holy spirit now, while he lives. In normal wakeful state, the seat of the spirit is the holy hill of God, by ascending whereto one is transformed into a spirit, leaving the whited sepulchre of the body down below. An instance of it is given by Jesus when he took James and John into the top of a mountain apart by themselves, to give them a spiritual experience by conversing with the Ascended Prophet Elijah. This being the case it does not stand to reason as to why one should climb down from the native abode half way up, at the interjection of the physical and the astral worlds, down to the coccygeal level below and then to restart the tortuous upward journey to various gangoleons, from the bottom and end it at the point from where the spiritual Path actually begins.

The Kriya Yoga of Yogananda, you have rightly found out, is a combination of the two techniques -Kundalin and Pranayam, which are essentially Physio-psychical processes. These may give the practicant some psychic powers but fail to deliver the spiritual riches that lie far beyond into the purely spiritual spheres and take one to the House of God. The same may be said of various secret societies like the Rosicrucians, the White Brotherhood and others. There is no secrecy in the Science Spiritual. He who runs, may see for himself. Truth is plain and simple, but, more often than not, it is complicated by wrapping it in veiled covers so as to make it look grandiloquent and dignified by giving high sounding titles and by presenting it rainbow colours, all of which are derived from one White Radiance called God or Truth -the Unchangeable Permanence.

I am sorry I have not come across any literature on the subject of Immaculate Conception. Spirit, my dear \_\_\_\_\_ knows no sex. When you will rise to the level of the spirit and become spirit-incarnate then you will know the true significance of many problems which now seem to baffle the intellect. When one comes to the Causeless Cause, all events and effects vanish. All things in creation are in pairs and bear in them the seed to reproduce themselves. You may call a conception immaculate, if conceived in a purely ecstatic spiritual state of utter self-forgetfulness and if so, that is a different thing. Otherwise, you would realize that the Law of Nature is one and the same for reproduction and perpetuation of species.

**R U H A N I S A T S A N G**

SAWAN ASHRAM

GUR MANDI.

REF. NO. \_\_\_\_\_

DELHI-7 July 21, 1972

I have before me your loving letter of May 16, 1972 under your new name.

In the matter of getting persons interested in Science Spiritual, one should be very very careful in making one's choice. The teachings of the Masters - sacred par excellence - are strictly for those who evince a genuine desire for the same. As an earnest of one's intentions one must show an honest longing for Truth and be prepared to abide by the regulations - dietary and otherwise - laid down for the seekers. If any body comes in your way, you can easily find out for your self what type of person he or she actually is. If he is a sincere seeker after God and wishes to be helped, then alone the subject be touched upon and not otherwise. You would please realise that most of the people are argumentative, smug curiosity-hunters, and self-seekers. They are after signs and miracles and not after Truth. It is no use throwing pearls to the winds. As such it is always safer to avoid them and steer clear of fortune hunters.

Further please note that whenever Satpurush comes into the world in the garb of a Satguru to save hopeless and helpless souls in misery and trouble by giving them the secret of their True Home; Kal-purush as well follows suit in different forms to mislead so as to save whatever he can for his kingdom on earth and to prevent an easy escape of the souls in his domain. His agents set-up schools resembling those of Sant-Mat, use similar language and adopt akin terminology to ensnare the naive the unwary aspirants. Christ too was not unaware of anti-Christ's or pseudo prophets when he hinted that many false prophets had gone into the world ( I Jhn 1:4:1) and asked the faithful to beware of such ravaging wolves in sheeps' clothing. The conditions all over are the same/as they were two thousand years ago. Hence the need for great caution and judicious discrimination in selection whenever you meet strangers.

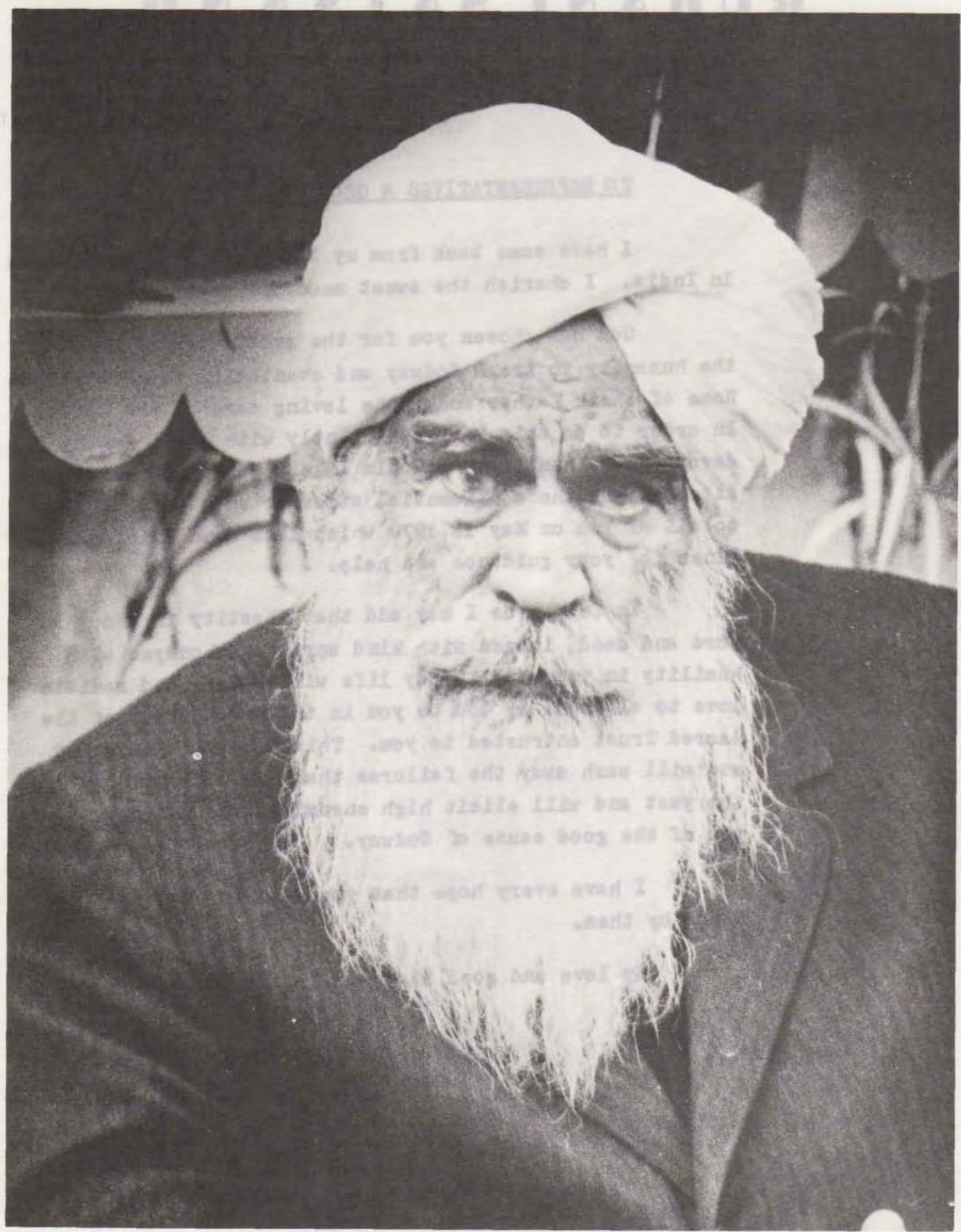
Without being critical of \_\_\_\_\_ and his claim to occult arts, with the characteristic way of suffixing mysterious signs like "Ze" after his name and inscribing strange letters thereunder, it seems rather a strange affair. Whatever his claim to occult powers, you need not bother about them but remain steadfast on the Divine Path, with love and devotion and in course of time, as you progress inward, all the seeming mysteries will gradually unfold themselves on their own, to your gratuitous joy.

You would please realise that it is always safe to stick to the boat in which you feel safe and secure rather than to try another of doubtful origin. Instead of your getting Mr. Ellison interested in Sant-Mat, he is getting interested in weaning you away from it so as to win you over to Occultism. Here, I may add a word of caution for your benefit. The Occult powers are nothing but snares of the mind to waylay the souls and to keep them off the God-Path by their sire-songs. Now you can well understand for yourself where you are and how to steer clear of the treacherous quicksands in the sea of life.

P.N.O.

1941-1942

BUCHANAN PATRICK



# RUHANI SATSANG

CONFIDENTIAL

SAWAN ASHRAM  
SHAKTI NAGAR,

DELHI-7 January 4, 1973.

REF. NO. \_\_\_\_\_

TO REPRESENTATIVES & GROUP LEADERS

I have come back from my III world tour and landed in India. I cherish the sweet memories of you all.

God has chosen you for the great work of helping the humanity to tread Godway and eventually reach the True Home of their Father under the loving care of the Master. In order to do this work efficiently with love, faith, devotion and humility, I would like to draw your kind attention to the confidential circular that was issued to all of you on May 18, 1970 which lays down brief guidelines for your guidance and help.

In few words I may add that Chastity in thought, word and deed, imbued with kind words and honeyed with humility in your day to day life will appeal and radiate love to all sent by God to you in the propagation of the Sacred Trust entrusted to you. This will go a long way and will wash away the failures that may have been in the past and will elicit high encomium from all around you of the good cause of Godway.

I have every hope that you will do your best to abide by them.

My love and good wishes will always be with you.

*Kirpal Singh*  
(Kirpal Singh)

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

Dated January 6, 1971

Dear \_\_\_\_\_

I am in receipt of your loving letter of October 28, 1970. The work of the Lord, whatever it be proceeds on its own and so is the case with Manav Kendra. It is under His will that Manav Kendra or Man Centre, the first of its kind, is coming up in the Doon Valley under the shadow of Shivalak Hills of the Himalayas.

Every initiate dear \_\_\_\_\_ is fired with the zeal to serve others in one way or the other and I quite understand and appreciate your desire to do so.

To be interested in metaphysics is one thing and to have a direct revelation of the metaphysical phenomena is quite another. While the one is comprehension, just a feat of the intellect, the other is an immediate and direct apprehension by the soul independent of the intellect and the senses.

Your case stands apart from the common run of the ordinary students of metaphysics because you were, by nature, fitted for the highest teachings of spirituality or in spiritual terms 'Had God's Name writ in your forehead,' as St. John puts it. Do not you realise that you had, may be through books, already gone through the preparatory stage of meditating alone and by yourself for no less than ten years when you felt in the urge for spiritual unfoldment.

The teachings of the Masters, as you must have realised by now, centre round two things: (1) Self-realisation, and (2) God-realisation, through an all-embracing love and self-less service of mankind with chaste hands, pure heart and clean head all of which are essential pre-requisites on the Path. Those who are really interested in the subject are automatically led to the right place by the God-Power within them. There are instances, on record, of seekers after God who start getting instructions and guidance from the Master within long before actually coming into the physical presence of the Master - the Word-made-flesh. Where there is fire oxygen on its own comes to its aid. There is food for the hungry and water for the thirsty. It is all according to the Law of Nature - the law of demand and supply operating on all the spheres of existence. 'Seek and ye shall find,' is what we learn from the Gospels. 'The Master appears when the disciple is ready,' is what all the scriptures tell us. You will please realise that spirituality cannot be taught as empirical sciences are but it can be caught as one catches an infection from one infected by it. Distance, as you presume otherwise, makes no difference and offers no problems. The Master Power, like all other powers of Nature, electricity, magnetism and gravitation is all-pervading and not confined to any one place.

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

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Ref No. \_\_\_\_\_

Dated \_\_\_\_\_

One can have all the advantages of the gifts of Nature freely and fully if one wants to and is really interested in the same. One can take a horse to the river but cannot make the horse drink.

The spirit of enquiry is, no doubt, the first step. Theory precedes practice but mind dear Linet, that reasoning is the help and reasoning becomes the bar if stretched to unreasonable lengths, of whys and wherefores. It is one's interest and honest quest that sharpens one's intellect which unfolds the meaning and significance of Satsang Talks which 'hit right on the head,' to use your words, in the case of seekers with an open mind.

It would be beneficial if selected individuals of the right type are, in the first instance made to understand and realise individually the goal of human life, the basic fact that alongside the Pranic Centres in the physical body there are spiritual centres as well, extending from the eye-focus upwards which serve as mile-stones on the Path Godward as one traverses from one plane to another.

The question of vegetarian diet rests on the fundamental principle of harmlessness to all living creatures, pulsating with the same life-breath as in us. One cannot save his life or gain life eternal by cutting life at its roots just for the sake of palate or pleasure and then also escape from the Law of Action and Reaction - what ye sow, ye shall also reap.

The 'going within', as you know, means withdrawal from the plane of the senses, the world of sense - enjoyments in which our attention is engrossed all the time, flowing outside and downward through the sense-instruments, cognitive as well as motor. The God-way, on the other hand, lies inward and upward and hence the need for inversion or tapping inside - 'Knock, and it shall opened unto thee'.

All such preliminaries can better be explained by you to the earnest seekers who, you will by experience find, are rare souls and not all your friends who accompany you to the Satsang Meetings, for most of them do so either just out of regard for you or are led by mere curiosity.

For your guidance, is enclosed a comprehensive note inter alia explains the significance of the five Names and the importance of repeating the same mentally, with the tongue of thoughts, without disturbing the steady and intently penetrating gaze emanating from the All-seeing eye between and behind the eyes - the Single Eye or the Inward Eye as it is called.

.....3/-



# RUHANI SATSANG

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SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

Dated \_\_\_\_\_

The scriptures of all the religions, including the Gospels, are at one in their fundamentals and if studied carefully, with an open mind, in the light of the teachings of the Masters, reveal the same thing. You would do well to place in the hands of your friends easy literature like (1) Man Know Thyself, (2) The Message of the Great Master and His Ashram, and then see how they react after reading the same. This would enable you to see what real interest they have in the thing and if they have, then you can gradually lead them on by giving further information on the subject.

Now as to the points raised by you:

1. It is a basic fact that we have been gifted by Providence with physical as well as spiritual bodies. In Corinthians I, Ch. XV St. Paul while speaking of his experience of daily death gives us a graphic account of these two type of bodies. He calls these bodies, 'Terrestrial' and 'Celestial', at one place and 'Natural' and 'Spiritual' at another; the one 'Sown in dishonour' and the other 'raised in glory'; one born of the 'corruptible seed' and the other of 'incorruptible'.... The first man body is said to be of the earth, earthy and the second man (or spirit body) is the Lord from Heaven ... one is the image of the earthy and the other is the image of the heavenly... And then he tells us in no unmistakable terms that the flesh and blood (the physical tabernacle) cannot inherit the Kingdom of God... 'I show you a mystery we shall all not sleep but we shall all be changed: the corruptible putting on incorruption and the mortal immortality (31-53)

Re: Diet, We once again have the testimony of St. Paul in his epistle to the Galatians: Be not deceived; God is not mocked : for whatever a man soweth that shall he also reap. For ~~the~~ that ~~soweth~~ to (the lists of the) flesh shall of the flesh reap corruption; but he that ~~soweth~~ to the Spirit shall of the Spirit reap life everlasting (6:7:-8). Again, for meat, - destroy not the work of God ... It is evil for that man who eateth with offence (Romans 14:20). Whatever ye eat or drink or ye do, do all to the glory of God (1 Cor. 10:31). If any man defiles the temple of God in which the Spirit of God dwelleth, him shall God destroy for the temple of God is holy, which temple ye are (1 Cor. 3:16-17). Meats for the belly; and the belly for the meats; but God shall destroy both ~~and~~ them (1 Cor. 6:13). As already explained in the body of the letter one cannot have life everlasting by destroying life.

.....4/-

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

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Ref No. \_\_\_\_\_

Dated \_\_\_\_\_

2. The various planes are like so many mansions in the Father's house to which the Lord repaired to fix habitation for His disciple according to the spiritual development for each of them (John 14: 2-3) St. Paul speaks of having been taken in spirit to the third heaven where he experienced things neither seen nor heard nor ever thought of before. St. John reveals the 'Holy City, adorned as a bride'. In brief, these planes signify different stages in spiritual unfoldment, giving greater awakening to and awareness of a high order as one proceeds from one plane to another. Macrocosm is in the Microcosm. There are three planes therein - Physical, Astral and Causal, and we have also physical, astral and causal bodies to enable us to work therein.

3&4. The Charged Words are pass words for different planes. Their significance has, at some length, been explained in the attached note for your information and guidance. They at once serve as a test to challenge the spirits that may appear within; helpers or otherwise inimically disposed. St. John warns us - 'Beloved, believe not every spirit, but try whether they are of God - ( 1 John 4: 1)

The Sound Current is the one Audible Life Stream pulsating in and out every living being and upholding all that is, in time and space, and out of time and space. It is born of the vibratory motion of the Atoms as they revolve and whirl about producing, as explained in the attached note, different sounds, because of the varying densities of the environs in which they operate. The ancients called it the Music of the Spheres. In Ch. 14, of Revelations, we read of the Voice of many waters, the Voice of Thunder and the Voice of Harpers. For the benefits that it accrues please refer the book 'JAP JI' - Stanza VIII to XI.

5. The Light ~~xxx~~ within is the primal manifestation of God Power and whosoever attained it became Buddha or the enlightened one. It is one of the twin principles of creation, and serves as an anchorage to the mind as it inverts and it gradually leads the mind-riden soul to the first stage on the spiritual Path - the region of the thousand-petalled Lotus.

6. Meditation at the eye-focus helps in collecting the wandering senses at one point, the seat of the soul and produces a vacant but conscious trance and then the soul is lifted and carried up by the sound-current from one plane to the other until it becomes All-knowing, All-pervading and All-powerful embracing the totality of His being. It is the acme of perfection, making one as perfect as the Father in Heaven is. Besides physical health it bestows mental and spiritual equilibrium which .....

**RUHANI SATSANG**

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SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

Dated \_\_\_\_\_

is the health of spirit and on which the health both of the body and the mind depends.

7. The 'going within' is nothing but withdrawal of mind from the world of senses. It marks the beginning of spiritual journey inward leading to the Kingdom of God which does not come by mere observation. It is the first step in the process of meditation.
8. By 'rising above body consciousness', one grows in awareness and consciousness of a higher order: first to supramental consciousness and then to cosmic and super cosmic consciousness ending in All-consciousness. The repetition of the charged words has its own advantages while attunement with the sound current lifts the soul beyond all bounds.
9. What is the Master Power and how it works? You will refer to the book 'Godman' as well as study the talk I gave on December 25, 1963 at the St. James Episcopal Church, Houston, Texas, a printed copy of which can have from the local Satsangs.
10. Faith in God is the beginning of wisdom. It is the root-cause of all religions and the only terra-firma on which the super structure of spirituality is raised. Faith is not to be mixed up with blind acceptance and belief on mere authority without rational understanding of the basic concepts. But that too requires rudimentary belief wherewith one has to start. It may be likened to an experimental faith and belief and the Saints simply say: Do and see, so as to test the veracity of spiritual teachings. One has to accept in the beginning that two and two make four abut can know the why and wherefore of it only when one advances. Seeing is believing and there is no greater proof than this to bring in conviction, belief and faith.

And when all is said and done, dear \_\_\_\_\_ I may assure you that language as we know it, cannot do full justice to the esoteric teachings and much time and labour would be saved, if one were to betaken from one's line of least resistance and given practical demonstration, however little it may be, to serve as a stock-in-trade for further developments.

.....6/-

# RUHANI SATSANG

Phone : 221343

REF. NO. \_\_\_\_\_

SAWAN ASHRAM  
Jantar Bazar, 73

DELHI-7 \_\_\_\_\_ 19

Dear Reno Ji,

With the grace of God I have returned back to India after my III World Tour of 4 months and 8 days, visiting Europe, England, United States of America, Canada, Mexico, Panama and South America; where I had the opportunity and great pleasure to meet the dear ones, sit with them, with all fellow-feeling, listen to their weal and woe, sympathise with their aspirations and help them in strenghtening the faith and devotion on the Path and promoting their spiritual progress within with Hazur's grace. There has been a great response to this inward Path, Godway of Surat Shabd Yoga everywhere. I look forward to the continued progress of the dear ones put on the Way. I will be glad to hear from them about their welfare and spiritual progress alongwith their introspection diaries at regular interval of four months unless it is absolutely necessary to write earlier. They will be having all the necessary help, protection and grace from the Master Power overhead and my best wishes are always with them.

I take this opportunity to thank all the dear souls at all the places for their deep love and willing cooperation and great devotion that they have offered and pooled up their resources to help the Holy Cause of the Master.

My special thanks go to Mrs. Bianca Fitting and her colleauges in Europe and Mr. Sant Singh in England for all what they did for the Holy Cause. I had the pleasure to meet Mrs. Fitting again at the fag end of my tour at Rome.

*Sirine*  
Special mention and thanks are extended to Mr. Reno W. Sirrine and dear Mrs. for their untiring efforts for the efficient arrangements and otherwise conducting the affairs of Satsang nearly all over in the United States of America till I had the pleasure to bid them farewell at Mexico and again say hello and thanks on the telephone from Caracas.

My thanks also go to Mr. T.s. Khanna and Mrs. Khanna for their cooperation and accompanying me on the tour in the U.S.A. and South America till I had the pleasure to say them good-bye at Caracas.

Let not the dear group leaders of the various places and other dear ones who are conducting the Satsang classes and other work at different places, feel in any way ignored. My mind goes to them as well and my best wishes are always with them and all others who met me and I hope they will continue to do their jobs as efficiently as possible with complete devotion and faith to the Holy Cause to which they are dedicated.

contd...2

Before closing I again want to thank everybody whom I had the pleasure to meet and who is up and doing for the Holy Cause of the Master.

With all love and best wishes to each one of you,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

To

Phone : 221343

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO. \_\_\_\_\_

DELHI-7 March 1973

Dear Reno Ji;

I have received your loving letter of February 21, 1973 with an international draft for \$ 1000.00 and noted its contents.

Your loving contribution from local centre and Colorrado and Ohio Satsang centres is hereby acknowledged with thanks and shall be utilised for the holy Cause of the Master.

I am glad to know that the sacred work and hospitality house is going on smoothly with the grace of the Master. It is the inner deep humility and keen sense of self abnegation of the leaders which invokes divine grace which results in such figuring out everything so gracefully. The loving cooperation of the dear ones is equally appreciated. Please convey my love to all the members of your group individually.

With all love and best wishes for you and dear Anne Serrine.

Yours affectionately,

*Kirpal Singh*  
(Kirpal Singh)

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO. \_\_\_\_\_

DELHI-7 March 22, 19 73

Dear Reno Ji;

I have received your loving letter of January 21, 1973 with enclosures and noted their contents.

Lovely photos sent by you have been received with thanks and placed on record.

It is good that you have sent copies of my letters and Messages to the dear ones for their information and guidance. The dear representatives and group leaders working for the holy cause are the blessed chosen persons Love and spiritual fire kindled in all dear ones, whom I had the privilege to meet during my last tour have to be maintained and their cherished hopes to develop further from day to day kept alive. The confidential circular for representatives and group leaders is aimed to achieve it. I would therefore very much like to hear from each of them in a 4 monthly regular report all about their progress and welfare and that of the Satsang they are given charge of.

You will please continue to remind them in all loving humility. Human nature demands frequent and constant reminder especially for inculcating goodness in daily life. Please be rest assured that all gracious help, guidance and protection shall be forthcoming from the Master Power working overhead.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

**RUHANI SATSANG**SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO. \_\_\_\_\_

DELHI-7 Feb. 26<sup>th</sup> 1973.

Dear

I have received your loving letter of February 5, 1973 and noted its contents.

I am glad to find that you are aspiring for the holy Path. It is due to the evolution of some rare noble Karma of past lives that one yearns for spiritual progress. The gracious Master Power controlling and guiding the destiny of child humanity leads the sincere seekers to the Living Master. It is good that you have read the book 'Jap Ji' which has inspired you to take up the holy Path. You are requested to benefit from the local Satsang for understanding more about the sacred teachings of the Master. When you feel satisfied and desire to be initiated into the Mysteries of the Beyond, you may apply through dear Mr. Reno H. Serrine and necessary arrangements will be made for putting you on way back to God.

I understand that you are practising spiritual healing which is neither allowed nor advocated by the Masters. You are requested to obtain a specific article on the subject from Mr. Serrine to know more about it. Its careful study will enrich your understanding.

It is good that you are on the diet. The elimination of all meat, fish, fowl, eggs both fertile and unfertile and all alcoholic intoxicants and drugs is one of the essential basic pre-requisites for taking up the Path.

With love and best wishes,

Yours affectionately,

Sd: — —

Copy together with a copy of (Kirpal Singh)  
the letter under reply  
to Mr. Serrine for information.

*Kirpal Singh*  
(Kirpal Singh)

**RUHANI SATSANG**SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO. \_\_\_\_\_

DELHI-7 April 12, 1973

**Dear**

I have received your loving letter of March 14, and noted its contents.

The so-called therapies evolved and being practised by you for improving holy meditations of the dear ones put on Surat Shabd Yoga appear to be a mischevious lure of your mind and sad obsession of negative power. You are advised in your best interests to avoid all such involvement and do not bother to spread such like fantastic hallucinations amongst the dear ones. The holy meditations prescribed by the Master at the time of Initiation are highly efficacious for ensuring steady progress on the Path when undertaken accurately coupled with deep faith and sincerity. I do not approve of your methods and would rather stress the importance of your abstaining from such idealogies and practices scrupulously.

*necessary* I am forwarding copies of this letter to Mr. Khanna and Mr. Reno H. Sirrine for their information and further action in notifying the dear ones not to be entrapped in your misgivings.

With love and best wishes,

Yours affectionately.

*Kirpal Singh*  
(Kirpal Singh)

cc : 1. Mr. T.S. Khanna.  
2. Mr. Reno H. Sirrine. ✓



**RUHANI SATSANG**SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO.....

DELHI-7..... May, ..... 1973

Dear Dara Emery ;

I have received your loving letter of April 16, covering the report of your Satsang and noted its contents.

I am glad to find that your local centre is going on smoothly with the grace of the Master. Such like holy gatherings are invariably blessed with the divine radiation of the Master Power when arranged in a spirit of deep humility and self abnegation. Please convey my love to all the members of your group individually. You are requested to prepare a list of the dear initiates in your area to find out about their regular attendance in Satsang. If you find that some of them fail to benefit by attending regularly, they may be reminded all about their spiritual obligations. If possible and necessary you may try to contact them personally which shall enable them to enjoy local Satsangs.

You may refer to Mr. Reno H. Serrine for making any changes in your charter of Satsang Class which has since been termed as Satsang centre with the increase of members. I understand this does not warrant any change when your centre has gradually grown and it should function as centre.

I have noted about your personal evaluation of spiritual progress. You should try to have fixed time for meditations and then pursue this schedule with ~~rigid~~ religious regularity coupled with deep faith and sacred earnestness. All gracious help and guidance shall be forthcoming from the Master Power overhead.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(Kirpal Singh)

C.C. Mr. Reno H. Serrine. ✓

Kirpal Singh.

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

May 18, 1970.

Ref No. \_\_\_\_\_ To Representatives and Group Leaders Dated \_\_\_\_\_

In my last circular letter of March 17, 1970 to Representatives and group leaders, guidance was given as to how they might best fulfill their roles as such in relation to their duties. This circular letter was the natural sequence of my three previous circular letters, in which all feasible outer guidance was given on the practical living required of each and every initiate, before definite results can be obtained in inner spiritual progress. The purpose of this circular letter is to enable the representatives and Group leaders to assess how they are living up to the instructions given in the above mentioned four circulars. The results of such an assessment will make clear how useful they are not only to themselves, but also to the initiates of their respective groups, to whom they should provide inspiring examples of the life to be led. I would like to further emphasize the importance of exemplary conduct of the representatives/group leaders who have the singular role of channelising the divine grace of the Master. You will appreciate that your status is not only envied by the dear ones but at times put under conscious scrutiny, and it devolves on you to exhibit and inculcate rare humility, devotion and serenity in your behaviour and conduct to prove your <sup>self</sup> worthy <sup>of</sup> selection. I wish you to be a source of help and inspiration ~~to~~ your brethren in faith, by rendering them feasible assistance, guidance and rational understanding for meeting with their day to day difficulties relating to the holy Path. Example is better than precept.

# RUHANI SATSANG

-2-

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

Dated \_\_\_\_\_

Self reformation has been the guiding factor with the Masters, who have all along stressed the importance of man-making, which serves as a strong foundation for the spiritual edifice to be raised on it. I wish that you could please check up ~~yourself~~ yourself in light of the following cardinal points, which shall afford novel chances for your personal and spiritual progress.

1. *them* Are you maintaining the self introspection diary and submitting to me every three months ? If not you are requested to do so from now onwards. This shall enable you to weed out your short-comings, gradually to be replaced by opposite ennobling virtues.
2. Are you putting in at least two hours daily to your meditations This is your duty as an initiate, regardless of your larger responsibilities as a representative or group leader. Unless you put in regular time to your meditations in the accurate way, you will not be able to derive the inner strength necessary to fulfill your responsibilities in the proper manner.
3. Do you have a thorough knowledge of the theory as given in the Master's many books and writings, with special emphasis placed on the three circular letters, already referred to, and 'Morning Talks'? These last must be read again and again, until you are soaked in their content. Until this stage is reached, you will not be able to meet <sup>each and</sup> every situation which comes up in life, with equanimity and the confidence required to do the

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7  
(INDIA)

Ref No. \_\_\_\_\_

- 3 -

Dated \_\_\_\_\_

right thing at the right time. Neither will you be able to give right guidance to the initiates of your group, as well as to seekers after Truth.

4. Do you notice a change in your life since your initiation?

Has your thought life come more under your conscious control, or it is still subject to feelings, emotions and inferences, habit and your environment?

If you have done your best to live up to the Master's teachings since your initiation, there should be a definite improvement in your spiritual life. All conscious effort made towards this end is a positive step forward, and will gradually lead to a life of spontaneous freedom in that you will become more aware of having conscious control, without any effort, over your every thought, word and deed. This is a sure sign that the portals of higher consciousness are opening for you.

5. What impediments still stand in the way of your further spiritual progress? An honest, searching, self-analysis, as indicated above, will reveal them, and their revealment is halfway to removing them. Again, the three Circulars and Morning Talks will provide full outer guidance to enable you to have success in this man-making, which is essential for further spiritual progress.

6. Are you ~~xxx~~ conducting Satsang in accordance with my Circular letter of January 27, 1970? This is important to provide

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Ref No. \_\_\_\_\_

Dated \_\_\_\_\_

- 4 -

a proper environment for the Master Power to do Its work and to bring more discipline into the Satsang than was present heretofore.

- 7. Have you implemented the instructions given in my March 17th circular letter, specially in regard to being selective in your recommendations of candidates for initiation?

If you can answer 'yes' to at least 80% of the above questions, then your lives and Satsangs will radiate the Master Power and all will be benefitted therefrom. If not, then you should make every effort to come up to the mark, as in this way only can you ensure your own steady progress and justify your present position in the sacred Mission of the Master.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(Kirpal Singh)

# RUHANI SATSANG

SAWAN ASHRAM  
GUR MANDI, DELHI-7.  
(INDIA)

Confidential

Ref No. \_\_\_\_\_

Dated May 18, 1970

Dear Khanna and Serrine Ji;

I enclose a Circular letter for distribution to all Representatives and Group Leaders coming under Ruhani Satsang and Divine Science of the Soul. The contents of the Circular should be acted upon by all, so that it may be seen how each and every one are living upto their responsibilities and the position that they hold.

The Circular may kindly be passed on confidentially to all the representatives/group leaders working at different centres under you with <sup>a</sup> short covering letter, <sup>which</sup> should stipulate the following

- (a) That the answers to the questions in the Circular letter be sent direct to me within a week or so of receiving it.
- (b) That Group Leaders coming under Ruhani Satsang and Divine Science of the Soul should notify their Representatives as soon as they have sent their assessment to me.
- (c) That Group Leaders are to comply with and stress the importance of the June 13th. Circular Letter, to the initiates of their group, and that diary forms only are to be sent to me, and that if any covering letter is necessary, it should be limited to a few lines commenting on the diaries.
- (d) Diaries are in future to be sent to me every 4 months and not every three months as heretofore.

So that I may know what Group Leaders have or have not sent in their assessments to me, it would be appreciated if a typewritten list of Group Leaders coming under Divine Science of the Soul and Ruhani Satsang in North and South America could be sent

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

REF. NO B - 238.

DELHI-7 May .19 73

Dear

I have received your loving letter of April 14, covering the report of your Satsang and noted its contents.

I am glad to find that you are getting together regularly for Satsang with the grace of the Master. Such like holy congregations are invariably blessed with the divine radiation of the Master-Power when arranged in a spirit of deep humility and self-abnegation. Please convey my love to all the members of your group.

It would be advisable to prepare a list of all the dear initiates living in your area and find out if all of them are attending regularly. In case some of them do not attend -they may be notified about the exact time and venue of holy congregations and requested to benefit by attending regularly as far as possible. This shall serve as a sweet reminder for their spiritual obligations and they shall enjoy the divine grace of the Master.

With all love and best wishes,

Yours affectionately,

c.c. to  
Mr. Reno H. Serrine.

*Kirpal Singh*  
(KIRPAL SINGH).

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

DELHI-7 November 6, 1973

REF. NO.....

Dear Reno Ji;

I have received your loving letter of October 10, with enclosures on return from a local tour and noted their contents.

I wrote to dear Michael Grayson to refer to you for further guidance and you have rightly requested him not to solicit funds from the initiates for this mighty project for the time being. Your request for having clear guide lines for such projects is quite genuine. I wish you could include this important subject in the agenda for discussion in the forthcoming meeting of the Board when all the directors can offer their view points. I agree with your view points that in view of the inflation when everything is becoming so costly, all such like schemes should be worked out thoroughly considering various aspects involved. You may discuss the issue carefully and send me your findings for further guidance.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH)

- C.C. 1. Mr. Khanna.
- 2. Mrs. Olga Donnenberg with reference to her letter of Oct. 11, 1973 for information.



# RUHANI SATSANG

SAWAN ASHRAM

SHAKTI NAGAR,

December 6, 1973

DELHI-7

REF. NO.....

Dear Sirrinji,

You must have known by now that Manav Kendra, in collaboration with some other prominent social and religious organizations is holding an "Inter-Religious World Convention of Unity of Man" in February, 1974 at Delhi. A copy of the circular issued by a number of prominent religious and social leaders in this regard is enclosed. A large number of well known religious and social heads and celebrities from India and abroad are expected to attend the conference.

Such conferences in the past were organized at the level of religion and could not achieve integration in the required measure. A significant feature of the proposed conference is that it is being organized at the level of man as envisaged by the Rishis and Saints so that it may lead to true integration.

I know the initiates will feel happy to partake in large numbers in the said conference, more so when it synchronises with the Birthday Celebrations. It would however be appropriate and desirable if adequate publicity is given to this project so as to attract a sizable number of people professing different faiths and callings. A brochure issued by the Reception Committee of the Conference, indicating briefly the programme of the Conference and its aims and objects - along with an application form for membership is also enclosed.

Another circular issued in regard to an essay competition, being organized for the occasion is also enclosed.

You may please, see how you would push through the matter to enlist the cooperation of people at large so that they may become patrons, delegates, members, visitors etc., in large numbers who may derive benefits from the association with and results of the Conference.

As extensive arrangements will have to be made for those attending the conference, I would like to have your estimates of the probable number of the people from the States that would attend the conference.

A copy of the letter that I have written to Mr. Ahanna is enclosed. You may kindly get in touch with him and other group leaders and representatives and chalk out the programme jointly in the matter.

Further literature, invitations; and detailed programme would be sent to you shortly.

With Love and Best wishes -

Yours affectionately,

Kripal Singh

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

DELHI-7..Feb..14,..1974..19

REF. NO.....

Dr. German Duque  
Apdo Aereo 627  
Popayan,  
Colombia,  
South America

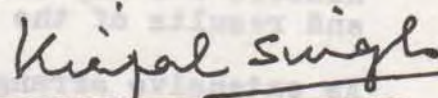
Dear Dr. Duque,

This is to inform you that your appointment to the position of Representative of all satsangs in South America and Central America is effective as of this date. The enclosed memorandum from Mr. T.S.Khanna and Mr. Reno Sirrine outlines your duties in detail. Also enclosed is a letter of transcription from Mr. Reno Sirrine to me showing the steps taken to approve your appointment.

Please execute your duties with patience, love, understanding and a sweet tongue. The Master Power working constantly overhead will be extending all feasible help, guidance and protection.

Please acknowledge receipt of this letter.

Yours affectionately,



KIRPAL SINGH

CC- Mr. T. S. Khanna  
Mr. Reno Sirrine  
Mr. Stephen Melik

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

DELHI-7... March 14.....1974

REF. NO.....

Dear Helen Von Aldenbruck,

I have received your loving letter of February 13, 1974 with the copies of the minutes of the board meeting and noted their contents.

The minutes of the meeting are returned duly approved and signed as desired for further necessary action.

I am pleased with the rare cordiality and loving cooperation exhibited by all the dear ones who participated in the meeting when all the issues could be discussed at length and resolved satisfactorily. Such a rare sense of responsibility shown by all of you bespeaks highly of your deep humility and dedication for the Holy Cause of the Master. Please convey my love to all the dear ones who attended this meeting.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(KIRPAL SINGH).

Encl.  
one copy of the minutes  
of the meeting.

NOTE: PLEASE QUOTE REF. NO. TO FACILITATE DISPOSAL

*Kirpal Singh*  
(KIRPAL SINGH)

# RUHANI SATSANG

SAWAN ASHRAM

SHAKTI NAGAR,

DELHI-7.....June 6,.....1974.

REF. NO.....

Dear Reno Ji,

I have received your loving letter of May 21, 1974 with enclosures and noted their contents.

I am glad for your noble and selfless efforts for the holy Cause. Please be rest assured that all gracious help, guidance and protection shall be forthcoming from the Master Power working overhead.

You being a senior member of the organisation and endowed with the right understanding of the holy Path, are referred to by me when the dear leaders have to seek some guidance in their affairs. It is good on your part to render them feasible guidance and request them to introvert within. However, you can help them in their mundance affairs by affording some genuine counsel they need on certain matters.

The letter to \_\_\_\_\_ did not contain endorsement on it for here and that is why this was returned, which appeared to have been sent inadvertently. However, ~~as~~ this is meant for our files, it is received and placed on record.

I have seen the article edited by you on the use of drugs which is all right and does not require any addition. You may let it be published in Sat Sandesh and mailed out to various centres as a circular letter for the benefit of dear ones.

It is good that the new circular about the Unity of Man has been sent to dear Russell Perkins for printing, which may be mailed out to centres.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(Kirpal Singh)

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

DELHI-7..... June 6, 1974.

REF. NO.....

Dear Reno Ji,

I have received your loving letter of May 28, 1974, with enclosures and noted their contents.

I am pleased with your loving efforts for rendering feasible guidance to the dear initiates who benefit from your seasoned counsel. It is a matter of great satisfaction when you can brief them about their spiritual and social problems in light of the sacred teachings of the Master. Please convey my love to the dear ones referred to in your letter and encourage them to continue with their holy meditative disciplines as best as they possibly can. All gracious help, guidance and protection shall be forthcoming from the Master Power working overhead.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(Kirpal Singh).

NOTE: PLEASE QUOTE REF. NO. TO FACILITATE DISPOSAL

PERSONAL/CONFIDENTIAL

Phone : 221343

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR.

Ref. No. \_\_\_\_\_

Delhi-7 July, 30 1974.

Dear Reno Ji,

I have received your loving letter of July 8, 1974 and noted its contents.

Your personal impressions and comments in regard to the book written by dear Billy Wichman are appreciated. I shall go through the manuscript as soon as it is received here and let you have my comments.

I have noted your remarks relative to the donation of funds for the holy Cause when the older initiates resent filling reports and sending funds through the corporation. Their feelings of faith that by remitting their love offerings direct they are blessed most bespeak their own limited understanding. However, you will appreciate that all donations received for the holy Cause through you are properly accounted for when you prepare the lists of the dear ones with sums of their love offering.

However, I would explain the singular role of the Corporation for which it had to come into existence for administrative and organisational set up with diligent and intelligent persons at the helm of affairs to serve the holy Cause. This has been necessitated taking into consideration the rapid growth of the mission of the Master when more and more centres have started functioning with the number of initiates increasing rapidly. The functions of the Corporation can in no way be underrated or ever emphasised in any way, which should serve the holy Cause in all loving humility and serenity. Fortunately, this organisation is run by accredited and most intelligent persons when they have pooled their selfless efforts and laid their heads for the common holy Cause of the Master.

I do not find any reason for hesitation of some of the dear ones who do not relish to submit to the Corporation disposition of funds held by their local Satsangs at the end of fiscal year. This had been done by these centres heretofore when regular financial statements were prepared and sent by them here for my perusal and record. As the Corporation is functioning under the personal auspices of the Master, this is rather a step forward in the right direction to have these financial statements sent by the local Satsang centres to its office in Anaheim.

I would request you to discuss this issue broadly in your forthcoming annual meeting of the Board when everybody can speak out his/her mind on the subject. The Corporation has been formed to function, serve and solicit genuine

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR,

Ref. No. \_\_\_\_\_

Delhi-7 \_\_\_\_\_

19 7

/ 2 /

appreciation of the dear ones. Each Satsang unit should offer all feasible cooperation for the smooth running of the organisation in accordance with the rules and regulations framed for the purpose. I hope that a diligent approach shall clear all misgivings whatsoever and every body shall come round to join hands and heads for the holy Cause of the Master.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*

(Kirpal Singh)

# RUHANI SATSANG

SAWAN ASHRAM  
SHAKTI NAGAR.

Ref. No. G-278

Delhi-7 August 5 19 74

Dear

I have received your loving letter of July 16, 1974 and noted its contents.

It is unfortunate that you indulged in drinking heavily and your wife dear has left you for one reason or the other. You state that after attending Alcoholics Anonymous you have become sober for about three weeks. It appears that dear had to resort to this drastic step when all other avenues were closed for her. Howsoever you are advised to seek the help of some mutual friend dear Mr. Reno Serrine or Mr. Khanna to seek reconciliation. I am not in favour of separation. But you should be more considerate and careful to abide by the dietary regulations and other allied requisites of an initiate. You should give up all such indulgence and avoid any company which inspires such **Vices** in the larger interests of your spiritual welfare. If you will be more sober, sincere and honest in your living a righteous life for some time there is no reason that your wife shall reconcile with you.

You should attend the local Satsangs and devote regular time for meditations, which shall enable you to have more of inner peace and mental stability. You should take up some good job and be on it with deep humility and dedication. I hope such a noble routine of life shall be helpful all around with the grace of the Master.

With all love and best wishes,

Yours affectionately,

*Kirpal Singh*  
(Kirpal Singh)

c.c. Mr. Reno H. Serrine & Mr. Khanna

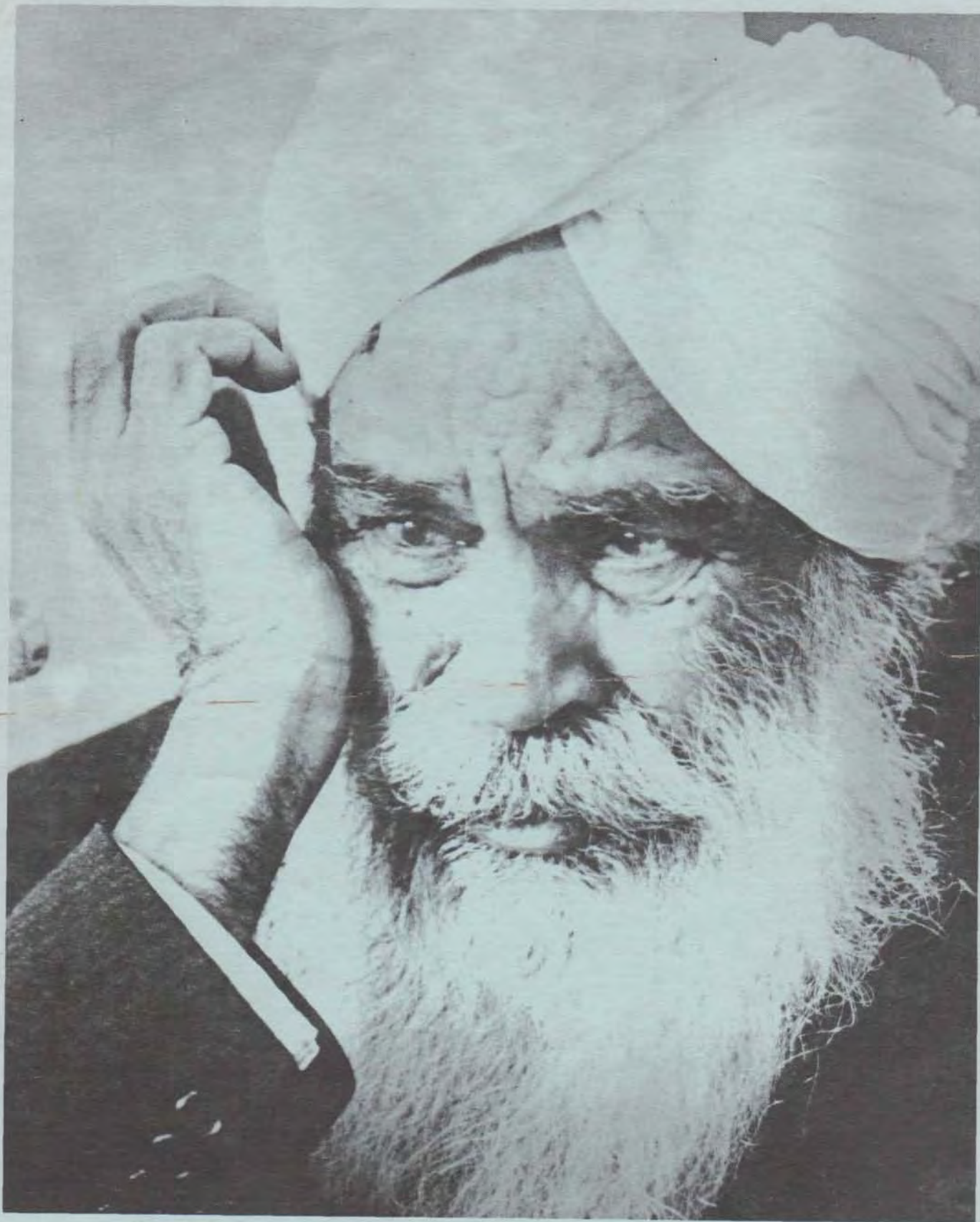


A BENEDICTION

Oh Master of Sound and Silence,  
Speak to us today,  
Break the Sound barrier and  
Play harmony in our souls,  
Make our life a sounding board,  
Our character a carillion  
To bring forth Thy message  
To all peoples.

(Peace- Peace- Peace.)

HGNelson.



DO YOU HAVE LETTERS FROM MASTER THAT SHOULD BE SHARED?